# Wyandotte County Community Health Assessment

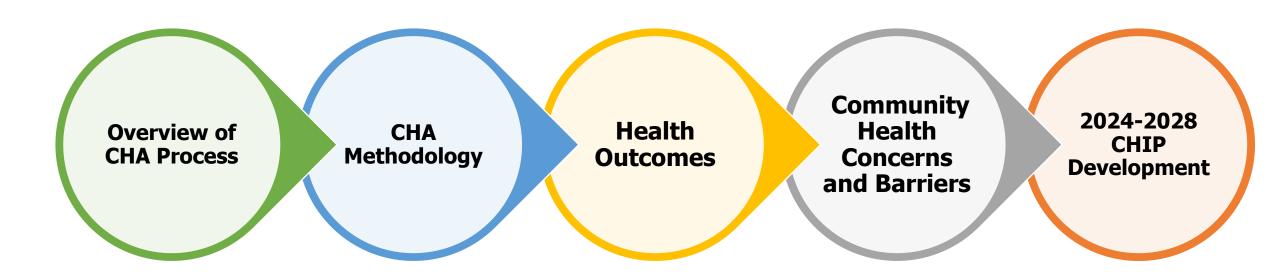
April 27, 2023

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Unified Government Public Health Department

## Today's Presentation





# What is a Community Health Assessment (CHA)?

- A comprehensive assessment of the health of the county that:
  - Collects data from a variety of sources
    - National data (census, BRFSS, etc.)
    - Community members
    - Partners
  - Gains input from community members and partners to better understand the community's health
  - Guide work of the health department, community partners, and local government
- Conducted every five years, required for PHAB accreditation





## **CHA Methods**

Elizabeth Groenweghe, Chief Epidemiologist

#### How the CHA was created

#### Primary Data

- Community Concerns Survey
- Community Forums
- Focus groups

#### Secondary Data

Collection of available community health and demographic data



## **CHA Timeline**

Activity	Timeframe	
Survey Mailed Out	June 2022	
Focus Groups Convened	August 2022-October 2022	
Survey Closed	September 2022	
Community Forums Convened	September 2022-November 2022	
Data Analysis and Report Writing	riting November 2022-March 2023	
CHA Report Published	April 2023	
CHIP Process Begins	May 2023	



## Respondent Demographics

- 1,150 total survey respondents
- Representative of Wyandotte County levels of:
  - Zip codes
  - Age groups
  - Income
  - Education
  - Race
- Not representative of households with children
  - Our sample: 21%



### Top Health Concerns and Barriers

#### **Health concerns**

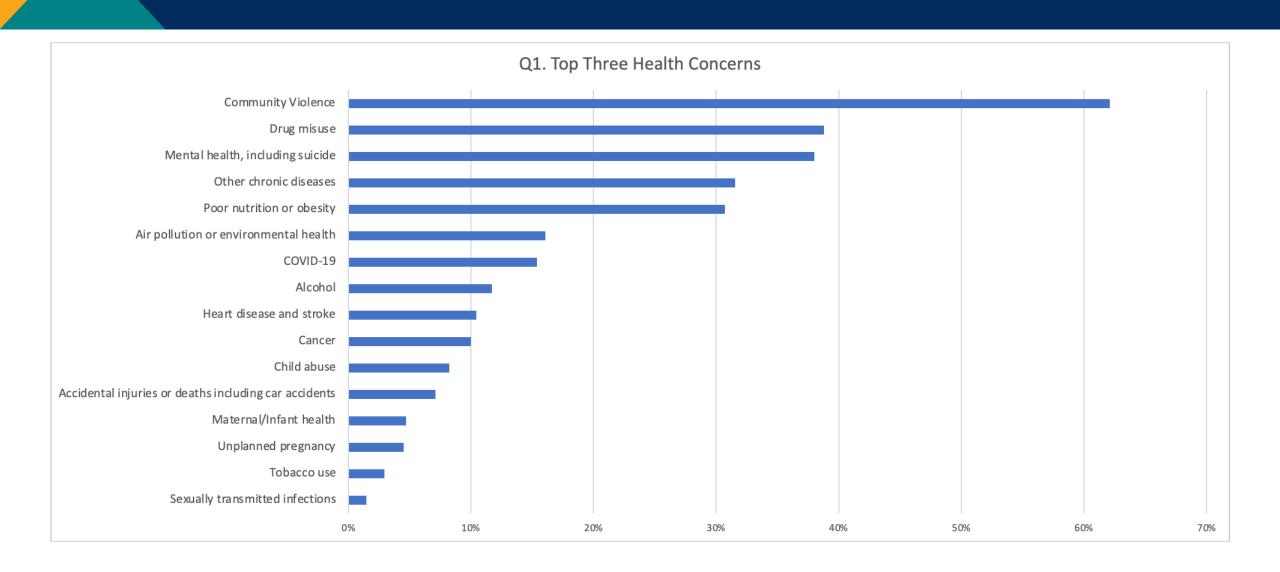
- 1. Community Violence (714)
- 2. Drug Misuse (446)
- 3. Mental Health (437)
- 4. Other chronic diseases (363)
- 5. Poor nutrition or obesity (353)
- 6. Air pollution/environmental health (185)

#### **Health barriers**

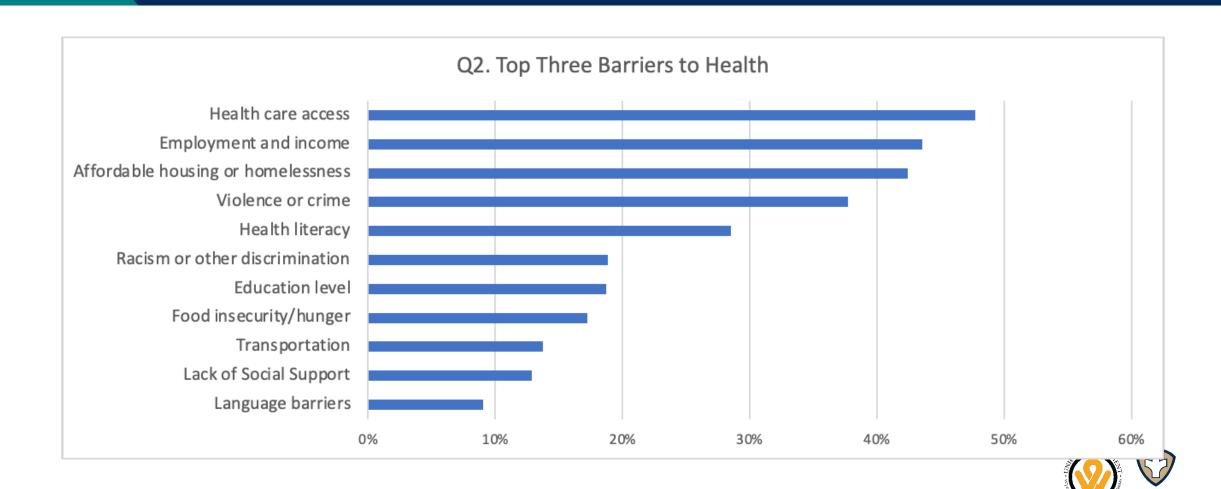
- 1. Health care access (549)
- 2. Employment and income (501)
- 3. Affordable housing or homelessness (488)
- 4. Violence or crime (434)
- 5. Health Literacy (328)
- 6. Racism or other discrimination (217)



#### **Health Concerns**



#### **Health Barriers**





## Health Outcomes

Elizabeth Groenweghe, Chief Epidemiologist

#### Overall Health Status - Least Healthy In 2023 County Health Rankings, WYCO ranks:

## **#103** of 104 counties in Kansas for health outcomes **#104** of 104 counties in Kansas for health factors

#### **Health Outcomes**

Health outcomes represent how healthy a county is right now, in terms of length of life but quality of life as well.

Wyandotte (WY) is ranked among the least healthy counties in Kansas (Lowest 0%-25%).





Link for full ranking information:

<u>countyhealthrankings.org/explore-health-rankings/kansas/wyandotte?year=2023</u>

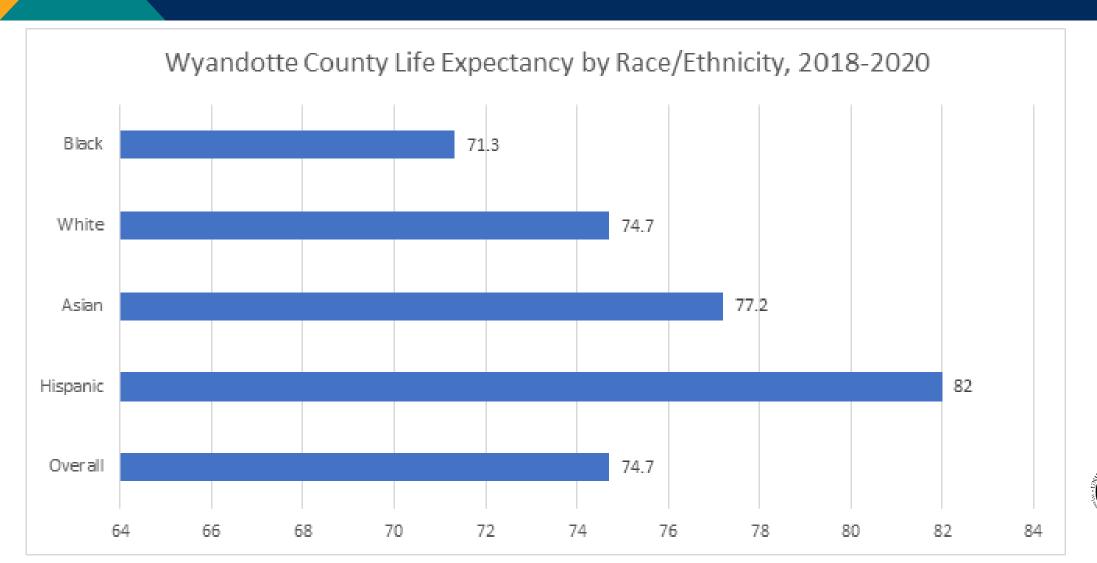


## Causes of Death, 2018-2020

Rank	Overall	White non-Hispanic	Black non-Hispanic	Hispanic
1	Heart disease	Heart disease	Heart disease	COVID-19
2	Cancer	Cancer	Cancer	Cancer
3	COVID-19	COVID-19	COVID-19	Heart disease
4	All other accidents	Chronic lower respiratory diseases	Homicide	Homicide
5	Chronic lower respiratory diseases	All other accidents	Stroke	All other accidents



## Life Expectancy



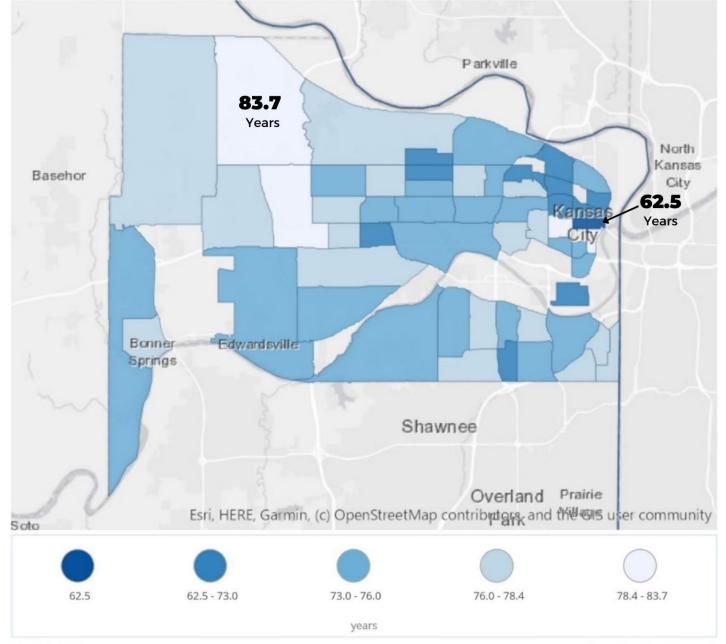


#### Life Expectancy

# 21 year difference within the County

Measurement Period: 2010-2015

Data Source: U.S. Small-Area Life Expectancy Estimates Project (USALEEP)



April 14, 2022 www.kansashealthmatters.org



## Health Concerns

Elizabeth Groenweghe, Chief Epidemiologist

## Community Violence

#### **#1** health concern

• **62%** of Wyandotte County survey respondents said that violence was one of their top three biggest health concerns

• 38% said that violence is also a barrier to health



## Community Violence

 56% of survey respondent felt extremely or very safe in their neighborhoods during the day

• 40% of survey respondent said they feel very or extremely safe in their neighborhoods at night

 Homicide is the leading cause of death for residents ages 15-44 years



#### Substance Misuse

#### #2 biggest health concern

 Wyandotte County overdoses have continuously increased since 2018

 There are currently no in-patient facilities for Substance Use Disorders in Wyandotte County



#### **Mental Health**

#### #3 biggest health concern

 Majority of respondents indicated they either have a mental illness or have someone in their household with a mental illness.

COVID had a significant impact on mental health



#### **Mental Health**

- High demand for mental health services
  - #1 need identified by community to improve health in Wyandotte (31% of survey respondents)
- Accessing mental healthcare is challenging:
  - In survey, 33% of those who had a mental health concern were unable to access care
  - 9% could not afford care
  - 7% did not know where to look for services
  - 5% said waitlists for care were too long



## Chronic Diseases and Obesity

- Chronic diseases were #4 biggest health concern and obesity #5 biggest concern
- In 2020, obesity rate in Wyandotte County was 46%
- 32% reported no leisure-time physical activity
- Chronic diseases like heart disease, diabetes, and kidney disease are leading causes of death in Wyandotte County





## Health Barriers

Hannah Conner, Social Epidemiologist

#### Healthcare Access

#### **#1** health barrier

- 19% of survey respondents had a problem getting healthcare in the last year
- 18.6% of Wyandotte County residents do not have health insurance
  - 6% of White residents
  - 16% of Black residents
  - 36% of Hispanic residents



#### Healthcare Access

- Top reasons for delaying care
  - 23% could not afford **cost**
  - 21% could not get appointment soon enough
  - 13% because they did not have insurance
- Top challenges in obtaining medications
  - 24% cost of medication
  - 15% medication not covered by insurance



#### Jobs and Education

- Employment and income ranked #2 health barrier in community survey
- 43% of survey respondents either disagreed or strongly disagreed to the prompt,
  - "I believe my community has enough jobs that pay enough money to live a healthy life."
  - 26% agreed or strongly agreed



#### Jobs and Education

- 18% of respondents disagreed or strongly disagreed with the prompt:
  - "I believe the schools in my neighborhood give quality education to all students."
  - A third of respondents agreed or strongly agreed.
- 19% of respondents said that education was a top three barrier to health



## Affordable Housing

#3 biggest health barrier

 Over 30% (18,000 of the 60,000) Wyandotte County households are considered cost-burdened

 4th highest ranked option for what would improve a respondent's community's health



## Affordable Housing

How often in the past 12 months would you say you were worried or stressed about having enough money to pay your regular monthly expenses (including rent/mortgage, electricity, water, etc.)?	Number	Percent
Never	336	29%
Rarely	229	20%
Sometimes	294	26%
Usually	117	10%
Always	155	13%



#### Racism

 19% of respondents said racism was among their top three barriers to health

 27% of Black respondents have felt emotionally upset (for example, angry, sad, or frustrated) as a result of how they were treated based on their race



#### Racism

## 39% of Black respondents said racism usually or always impacts their daily life

 Compared to 22% of all respondents, 20% of Asian respondents, and 19% of Hispanic/Latino respondents

#### The **top ways** in which respondents experienced racism:

- Getting a job
- Being promoted
- Buying a house or car





# Community Needs and Assets

Blake Hensley, CHIP Coordinator

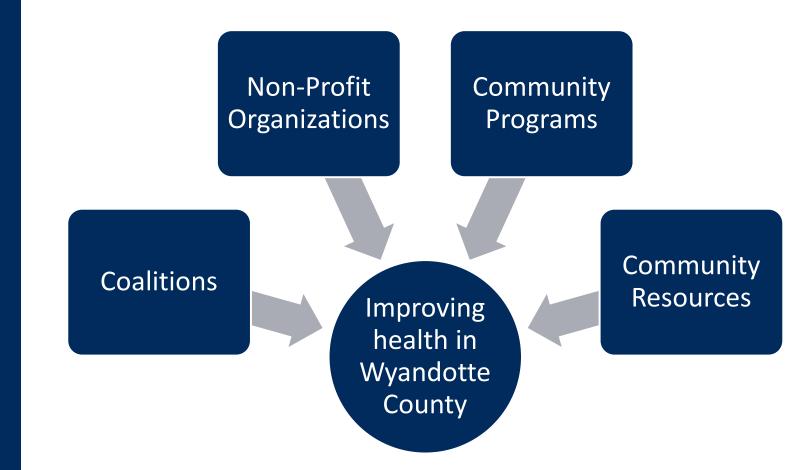
# Community Needs

Respondents identified the top 3 needs for their community

What does your community need to improve the health of your family, friends and neighbors?	Percent
Mental health services	31%
Safe places to walk/play	29%
Services or programs for the disabled and/or elderly	29%
Affordable housing/housing assistance	28%
Violence prevention programming	26%
Access to healthy food choices	25%
Job opportunities	24%
Recreation facilities	20%
Better educational opportunities	13%
Substance abuse rehabilitation	13%
Transportation	12%
After-school programs	10%
Additional health services	9%
Specialized healthcare	7%

# Community Assets

Partnerships and collaboration are key when working toward better health outcomes.



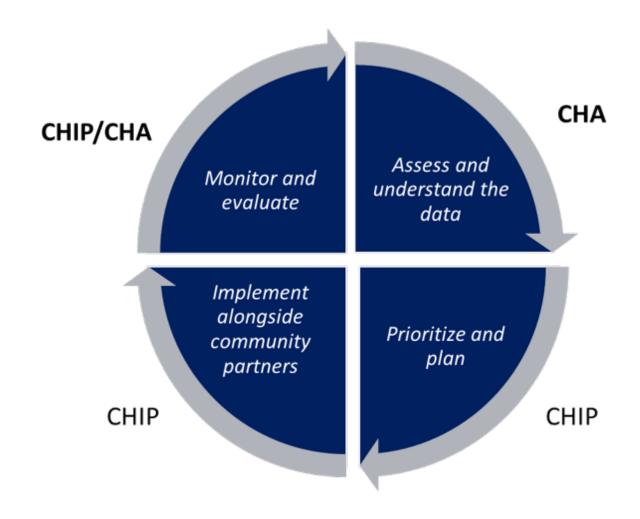




## From CHA to CHIP

Susan Caman, CHIP Coordinator

## **CHA-CHIP Cycle**





### Timeline of CHA to CHIP Development

Spring 2023 Present the CHA to the community and stakeholders

Summer 2023 CHIP
development
& strategy
selection

Fall 2023 & Winter 2024 • Finalize the 2018-2023 CHIP

Launch the new CHIP (2024-2028)





## Thank you!

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#### Resources

#### **Full CHA Report**

ughealth.info/wyco-cha



#### 2018-2023 CHIP

wycokck.org/CHIP



